



# the experience spa



## **By Zarya Wellness**

The Experience Spa is a haven of peace and tranquility, offering the promise of pure relaxation, allowing your mind, body and soul to reach the perfect state of harmony and balance. Our diverse collection of treatments combines tradition with sophistication, offering total indulgence you are guided through a journey of healing, relaxation, beauty, inner peace and total wellness. The Experience spa caters to each and every aspect of ones being offering multiple therapies from ancient Indian Ayurvedic treatments to Thai, Chinese and Balinese programs, Moroccan traditions infused with European classic techniques.







# Signature Collection

## East Meets West

🕒 120 minutes

AED 495

Transport yourself to Desert where the traditional beauty ritual will make you feel like royalty. Begin with the Herbal body treatment that soften, refine, exfoliates and nourishes the skin followed by our Signature Massage with smooth heavenly strokes using our special blended oil.

## Feather Touch

🕒 120 minutes

AED 495

Follow the Kings and Queens of ancient era and experience the beauty and healing in the Ayurvedic treatments. Start with the traditional Head Massage then a full body Ayurvedic massage that uses warmed Ayurvedic oils to help remove toxins leaving you with a body of balance and inner peace.

## Hot Stone Massage

🕒 90 minutes

AED 425

For centuries, people have been drawn to the healing power of heat and the specific energies of Lava Stones. This deluxe hot stone massage by specialized movements to ease and relax your muscles and wanting more.... with a relaxing massage for the face to rejuvenate completely.

## Harmony

🕒 90 minutes

AED 525

Two therapists work harmoniously to create the ultimate experience of total bliss. This massage is designed to de-stress your spirit, offers total escape, and an unforgettable spa journey.

# Massages

## Touch of Ayurveda

🕒 60 minutes

AED 240

An Ayurvedic full body massage with special blends of ayurvedic oil that increases blood circulation, stimulates lymphatic flow, relieves fatigue, relaxes the mind and removes stress.

## Holistic Experience

🕒 60/90 minutes

AED 310/375

A complete sensorial experience with this ritual massage, taking you on a vast journey of 4 distinct worlds, Oriental - the exotic culture, Mediterranean - the vibrant and warm diversity, India - the multi-colored world & life philosophy, Arabia - the ancient world of the desert..







### Detox Massage

🕒 60/90 minutes AED 275/375

An anti-stress detox massage using relaxing essential oils for your senses and long smooth strokes to ease any tension, truly blissful. A deeply nurturing herbal massage serves to help the body unwind, alleviating stress and restlessness.

### Swedish Massage

🕒 60/90minutes AED 275/375

A classic massage to invigorate the senses and increase energy flow for the whole body with The pressure and rhythmic strokes work effectively on muscles, blood circulation and nerve endings, thus providing an excellent all-round treatment. It reduces stress, both emotional and physical.

### Sports Massage

🕒 60 minutes AED 310

Aimed at targeting the deeper tissue structures of muscle and connective tissue, this treatment is a more focused type of massage with the pressure generally intense. Our skilled therapists work to release chronic muscle tension, knots and adhesions to increase flexibility and release deep tension.

### Thai Aroma Massage

🕒 60 minutes AED 275

This massage incorporates and infuses the aroma massage techniques with Thai stretching Using traditional techniques such as thumb circling, gentle stretches, hand over hand, and long knead stroking to stimulate and heal the body system, restore balance and feel spiritually renewed.

### Thai Aroma Massage with Luk Pra Kob

🕒 90 minutes AED 375

A Thai Aroma Massage followed by the hot Thai herbal compress called luk pra kob will be applied to help restore the body's energy flow. This massage will be increasing blood flow, relaxing muscles, stimulating nerves and improving circulation.

### Balinese Massage

🕒 60/90 minutes AED 275/375

Traditional Balinese massage with deep rhythmical strokes, rolling movements with gentle kneading and firm, smooth strokes that stimulate energy flow and circulation whilst creating a deep sense of relaxation.







### Relaxing Back Massage

🕒 30/45minutes AED 125/175

This medium to firm pressure massage focuses on the stressed muscles in the neck, shoulder and back area to ease away muscular aches and pains.

### Pampering Foot Massage

🕒 30/45 minutes AED 125/175

This pampering Foot Massage applies pressure to reflex points located in the foot to stimulate the body's energy flows and release blockages by opening the body's energy pathways leaving you balanced with restored clarity.

### Soothing Head Massage

🕒 30/45 minutes AED 125/175

This soothing head Massage applies vital pressure points located in the head to invigorate the head's energy flows.

## Body Scrubs & Wraps

### Herbal Body Scrub

🕒 50 minutes AED 200

Exfoliating herbal body scrub gel with Sugar crystals, herbal extracts and natural essential oils. Cleanses and leaves the skin soft and smooth by removing surface dead cells and impurities.

### Coffee & Yoghurt Body Scrub

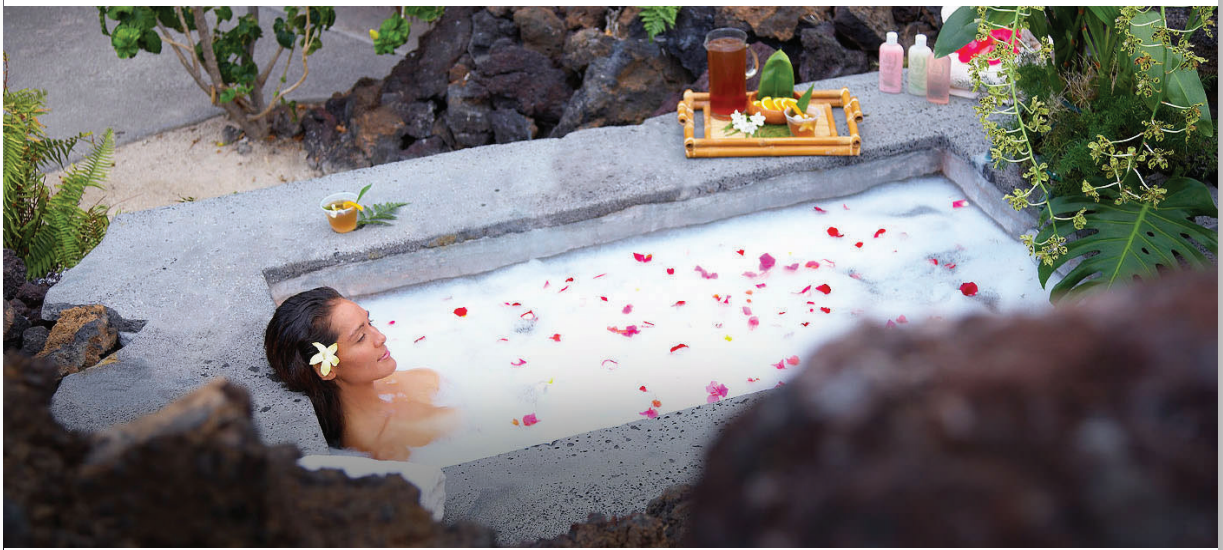
🕒 50 minutes AED 200

The aroma of coffee beans and along with Yoghurt scrubbed for deep skin cleansing and a great experience leaving a wonderful fragrance. Your sense will be enhanced and it helps to clean the Aura.

### Dead Sea Mud Wrap

🕒 50 minutes AED 200

The mask of concentrated sea water and mud with a balance of the oceans nutrients including minerals penetrates the skin basal layer to replenish de-vitalized cells and removes excess oils & dead cells from the skin effect being a youth full skin that glows an refreshes you followed by warm gentle shower and a moisturizer.





### Traditional Moroccan Bath

🕒 60 minutes

AED 275

This exotic bath ritual begins with a cleansing; hydrating with application of black olive soap then a scrub eliminates dead skin cells and improves circulation leaving your body refresh and revitalized.

### Royal Moroccan Touch

🕒 90 minutes

AED 395

This exotic bath ritual begins with a cleansing; hydrating with application of black olive soap then a scrub eliminates dead skin cells and improves circulation leaving your body refresh and revitalized. Then the mineral clay mask is applied on the body, ending with a lavish shower & moisturizing.

### Sultan Ritual

🕒 120 minutes

AED 525

This royal ritual begins with a traditional Moroccan bath. Then the mineral clay mask is applied on the body, ending with a lavish shower and a full body relaxing massage with special blend of aroma oils.





# Facial Treatments

## Anti-Ageing Luminance Pearl Facial

⌚ 60 minutes

AED 350

A luxurious antiaging, brightening and firming face treatment with Pearls, Diamonds, powerful Antioxidants, Oligopeptides, Vitamins and special skin friendly actives. Suitable for all type of skin.

## Whitening Facial

⌚ 60 minutes

AED 325

This skin whitening and lightening facial fights hyperpigmentation and uneven skin tone. Brightens the skin and helps fade and lighten skin discolorations. Suitable for dull skin.

## Hyaluronic Facial

⌚ 60 minutes

AED 350

Intensive moisturizing and anti-wrinkle facial treatment which is suitable for all types of skin.

## Caviar & DNA Facial

⌚ 60 minutes

AED 300

Premium anti-wrinkle and firming facial for revitalized and bright skin. Based on Caviar extract from Sturgeon roe, DNA from Salmon eggs and Bio-Active compounds. Moisturizes, nourishes and helps the skin regain its natural elasticity and radiance. Suitable for all types of skin.

## Sensitive Facial

⌚ 60 minutes

AED 250

This facial is very good for the sensitive skin by specially designed products with soft and gentle cleansing. This facial preserves and enhances skin's hydration, protecting its natural youth and elasticity. Suitable for sensitive skin.





A woman is lying on her stomach, receiving a hot stone massage on her back. A therapist's hand is visible, holding a smooth, dark, oval-shaped hot stone against the woman's skin. The woman's hair is pulled back into a bun, and she has a serene expression. The background is a soft, out-of-focus green, suggesting a spa or natural setting.

## Spa Etiquette or How to Spa

### Opening Hours

The Spa is open from 10:00 am to 11:00 pm daily

### Appointments

To ensure your preferred time and service are available, we strongly recommend making reservations in advance. The spa provides walk-in bookings based on availability.

### Ambience

To maintain the tranquillity of the spa, we ask you to please keep conversation minimal, and respect the privacy and personal space of other guests. For your own relaxation and that of our other guests, the spa is a laptop, smoke and cell phone-free zone.



## Arrival

We recommend you arrive 10 minutes prior to your appointment time to avoid reduction in your service time. All appointments will end at their scheduled time so that the next guest will not be delayed. Treatment times are not extended based on late arrivals.

## Cancellation Policy

Please notify the Spa four hours prior to your appointment time if you need to cancel or reschedule.

## Attire

It is recommended that you completely disrobe for your treatment. You will be provided with disposable underwear and slippers upon your arrival. Therapists are trained in proper draping techniques so you should always feel comfortable.

## Spa Payment Inquiries

We accept all major credit/debit cards and cash.

## Medical conditions

It is essential that you inform us in advance of any health conditions, allergies, medication or injuries which could affect your service when making your spa reservation. These include high blood pressure, pregnancy, past surgeries, and recently taken medications

## Communicate

This is your customized massage. If you have feedback on pressure, room temperature, lighting... let us know. Depending on your specific needs or requests, your massage therapist will either perform a customized full-body massage (for general relaxation and stress reduction) or focus on the specific parts of your body that you have requested. We look forward to seeing you for your first visit. If you have any questions about the etiquette during a massage, any of our colleagues will be happy to answer them for you.

## Age Limitations

The minimum age requirement for access to the spa is 16, with the exception of selected treatments with the parental supervision. Please enquire with the Spa Receptionist / Manager

## Valuables

We advise guest not to bring your valuables to the spa as we do not accept any liability for loss.



Shiekh Humaid Bin Rashid Nuaimi Street, P.O.BOX 18888, Ajman UAE

Tel: +971 6 742 9999 | Mob: +971 55 610 3053

[sales@ramadabeachajman.com](mailto:sales@ramadabeachajman.com)

[www.ramadabeachajman.com](http://www.ramadabeachajman.com) | [info@theexperience-spa.com](mailto:info@theexperience-spa.com) | [www.theexperience-spa.com](http://www.theexperience-spa.com)

